



# THE ULTIMATE PICKLEBALL GUIDE CHEAT SHEET



1

A coin flip or rock paper, scissors decide which side serves first.

2

SERVE  
MUST land beyond the non-volley zone.

3

In doubles play each teammate is allowed a serve EXCEPT at the beginning of the game when only one serve is allowed by the 1st Serving team.

4

There are NO "let serves" in pickleball. If the ball hits the net and lands in, play continues.

5

The serve must be allowed to BOUNCE before it is returned.

6

"Two-bounce rule"

Return of serve must BOUNCE before being hit.

9

Only GROUNDSTROKES are allowed in the on-volley zone.

8

POINTS can ONLY be earned by the SERVING team.

7

The serve must be done UNDERHAND and below the waist. Overhand serves are not allowed.

10

Games played to 11. You must win by two.



# PICKLEBALL COURT DIAGRAM

